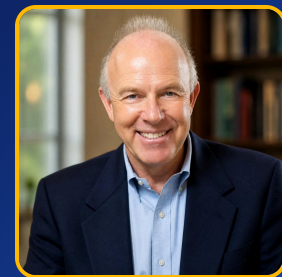


Ray Haring, Ph.D.

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Dr. Ray gives audiences memorable, practical, and useful thoughts, ideas and tips that they can apply to their daily lives long after the event ends.

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- Biochemical Research Scientist.
- Award Winning University Professor.
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SIGNATURE KEYNOTE

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A powerful keynote on how the smallest choices, habits, words, attitudes, and actions shape performance, productivity, leadership, health and wellness, relationships, and the direction and quality of our lives.

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The Smallest Things Make the Biggest Difference®

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Dr. Ray draws on his ACSM-endorsed book *Smart Weight Loss* to replace diet gimmicks with real science, practical tools, and a clear path to healthier choices.

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Dr. Ray's presentations bring science, story, humor, and practical wisdom to topics audiences care about deeply -- communication, team building, inspiration, motivation, productivity, health and wellness, personal responsibility, and the small choices that we make or don't make that have a profound impact on our lives.

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Nine books. One timeless idea.

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